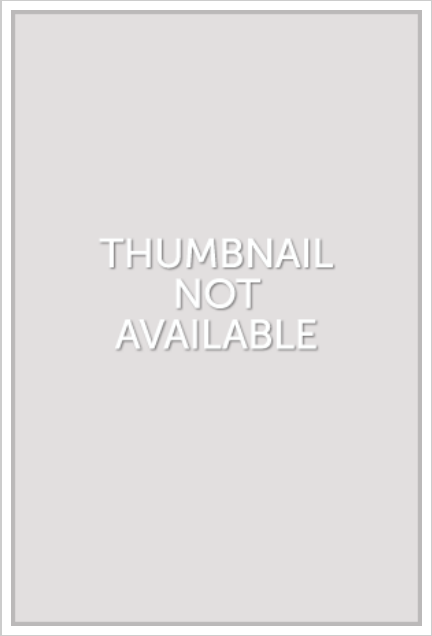


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Recipes from My Portuguese Kitchen

By Miguel De Castro E Silva

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Recipes from My Portuguese Kitchen, Miguel De Castro E Silva, This title features 65 authentic recipes from Portugal, shown in over 260 photographs. It explores the rich, varied and historic cuisine of Portugal in this sumptuous book, with appetizing recipes from a world-renowned Portuguese chef and restaurateur. It includes a fascinating introduction about the culture and regions of Portugal, the most important aspects of the cuisine, and information about equipment, materials, ingredients and special techniques. Recipe highlights include Scrambled Eggs with Chourico and Green Asparagus, Seafood Soup, Hake with Turnip Tops and Onions, Woodcock with Madeira, Tripe Stewed Oporto-style, and Honey Pudding with Ricotta. It is illustrated with over 260 inspirational photographs, the perfect way to discover a remarkable culinary heritage. Portugal's culinary traditions change with the landscape, from the north to the south of the country and from the sea border to the rugged, mountainous interior. The recipe chapters contain a selection of delicious dishes that reflect the varied tastes of Portugal, and feature ingredients such as leafy greens, garlic, sheeps' milk cheese, pork sausages, spider crab, wild mushrooms, chestnuts and almonds. Recipe highlights include the refreshing taste of Tomato Salad...

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Reviews

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