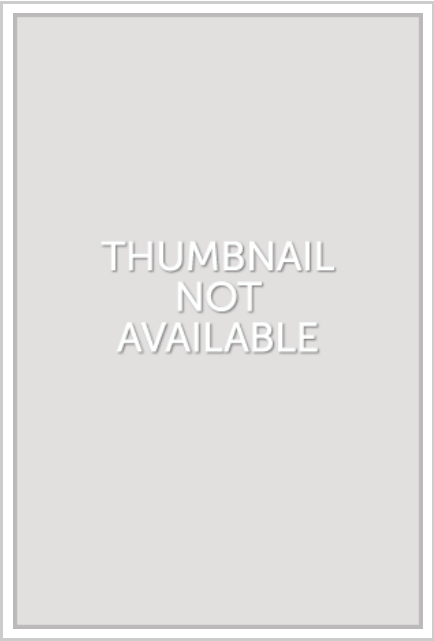


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Low Carb Diet Recipes - 34 Atkins Breakfast Beverages (Paperback)

By Sophia Seeds

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.34 Low Carb Atkins Breakfast Beverage Recipes: (Coffee, Soda, Smoothie, Tea) Lose weight the easy way! Thousands have already discovered the miracle -you can do it too. Are you going on the Atkins diet and in need to have a structured plan to have more delicious recipes to continue on your diet? You can make these low carb beverage recipes for the next few weeks. Learn how to make many healthy low carb beverage for your morning breakfast. If you love drinking coffee for your beverage like I do, this book is written for you. Many of us are coffee lovers and we cannot get by without a cup of coffee a day. These are some of my favorite recipes: 1. Low Carb Frappachino 2. Smooth Strawberry 3. Italian Cream Soda 4. Soy Milk Steamer 5. Easiest Eggnog! 6. Aspertame-free Cherry Soda 7. Italian Soda 8. Berry Berry Smoothie 9. Morning Java Coffee Drink 10. whipped tea 11. Peppermint Patty Tea 12. Morning Eggnog 13. Kahlua and Creme Coffee 14. Lemonade Iced Tea 15. Cinnamon Tea 16. Low-Carb...

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