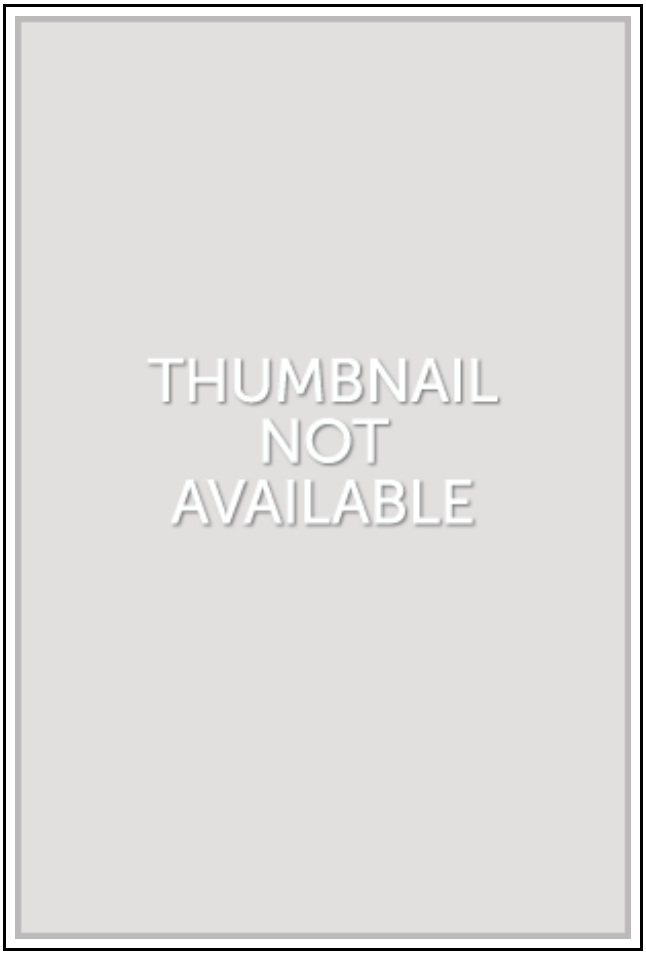
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# THERAPEUTICS IN INDIAN SCULPTURES: RANKI VAV - PATAN

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Aryan Books International, 2006. Hardcover. Book Condition: New. First edition. 22 x 28 cm. India is a land known for its antiquity. Its heritage is expressed in its cultural and architectural traditions, which have transcended time and space to remain alive and appropriate even in the present. Gujarat in western India is a place with many historical monuments, the step-wells, especially the one at a place called "Patan" is truly a store-house of the rich cultural and religious heritage of India with stunning architectural grandeur. Ranki Vav also called as Rani-ki-Vav, the step-well at Patan in Gujarat State was constructed by Queen Udyamati in the ad 11th century. The Indian art of Ranki Vav is born of deep understanding of the divine glory. The sculptures explain all aspects of life and the eternal wisdom of divinity is explained and shared with the viewers. A casual look at these sculptures may indicate that the figures of apsaras are dancing figures. But a detailed examination and analysis convey a deeper philosophical message. It is a sincere attempt to relate physical health to spiritual well-being. This book gives a brief introduction to the historical background and the purpose in creating this monument. The first chapter is about the external appearance of the apsara; sculptures, the pillars and the symbols, which are present in an apsara sculpture unit. In the second chapter, an attempt is made to discuss the various healing therapies that were practised in those days for conditioning the physical body, and how and when therapies like acupressure got merged with Indian Ayurvedic principles. It also explains the science of mudra vignana (the science of sacred hand gestures) and its usages to establish equilibrium in the body. The third chapter gives a brief introduction to the vast and sacred philosophy of "Kudalini"...

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