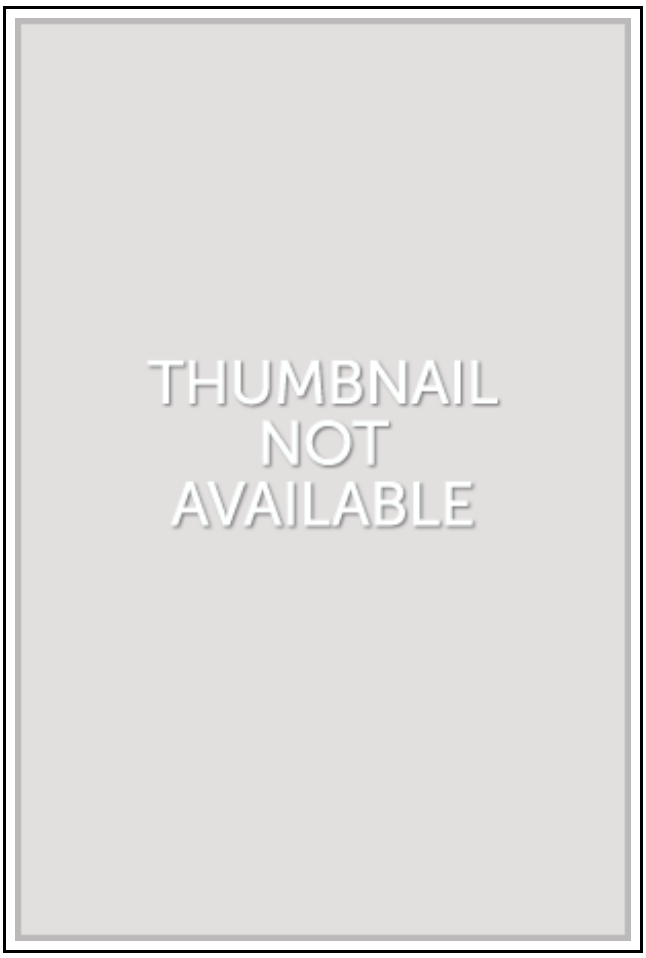
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Publish It Write, United States, 2013. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Sometimes When We Lose It All, We Find Our True Radiance Radiant Survivor: How to Shine and Thrive through Recovery from Stroke, Cancer, Abuse, Addiction and Other Life-Altering Experiences is a book about healing. It is a wellspring of hope, inspiration and encouragement to anyone facing trauma in their life. The book contains stories from author Erica Tucci along with 14 other everyday heroes who, against all odds, survived and thrived after tragedy shook their lives to the core. It also contains a wealth of life lessons and practical exercises that will show you how to: Believe in yourself and never give up Understand the limiting beliefs that hold you back Be grateful and have the right attitude Surrender and let go Establish your support system See recovery as a transformative process Get real about the possibility of not recovering Understand the impact of trauma on families, friends and caregivers But most of all, Radiant Survivor will help you understand how your experience is part of your sacred contract with the Divine, and how trauma can help you find out what is really important in life. Erica Tucci touches on a subject I am all too well aware of. Her story is mine. She brings the reader through the realities and frustrations of suffering a life-threatening illness but adds that ray of light at the end of that dark tunnel, as hope is always there if you believe and find your own true strength. KEVIN SORBO (aka Hercules on hit TV show) Actor, Director, Producer, and Author of True Strength Survivors have common qualities and are an excellent resource for all of us. They become our...

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