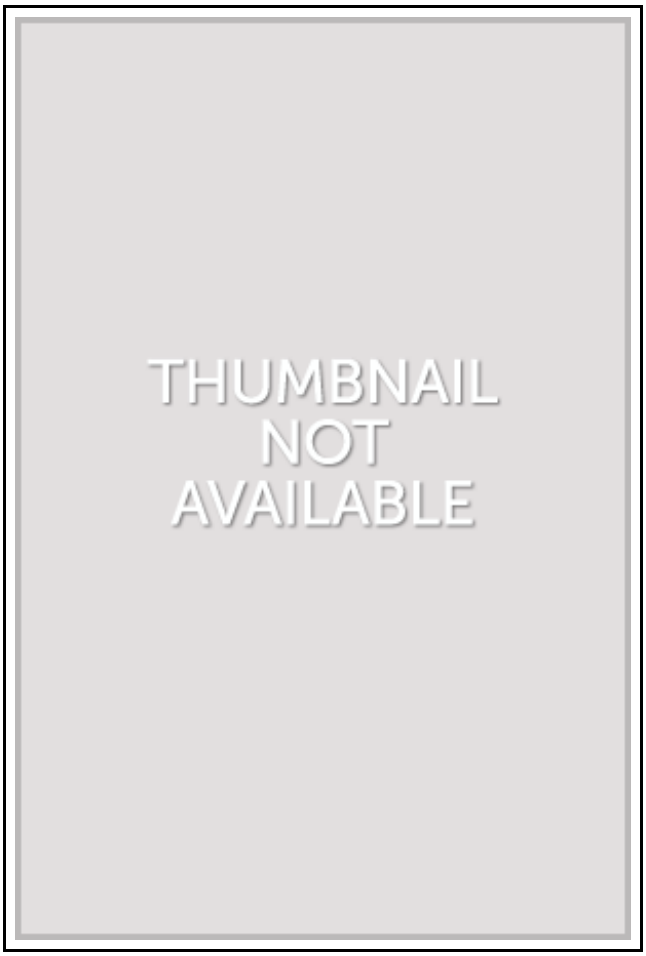
Fighting Back: One woman's search for answers to chronic pain



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This ebook is fantastic. It is actually writter in straightforward terms rather than hard to understand. Its been designed in an extremely straightforward way and it is merely soon after i finished reading through this ebook through which in fact modified me, alter the way i really believe.
(Justice Wilderman)

FIGHTING BACK: ONE WOMAN'S SEARCH FOR ANSWERS TO CHRONIC PAIN

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Troubador Publishing. Paperback. Book Condition: new. BRAND NEW, Fighting Back: One woman's search for answers to chronic pain, Elizabeth Reilly, One summer evening in 2005, Elizabeth Reilly climbed over a stile which collapsed under her, leaving her doing the splits across a fence. This unusual event resulted in an injury that caused chronic pain in her groin, pelvis and back that treatment after treatment failed to fix. An X-ray and an MRI showed nothing, yet the pain continued. Determined to get back to a full and active life and the walking she loved, Elizabeth left no stone unturned in her quest for a solution; during which she endured being stood on and pushed into impossible seeming postures. In this engaging and human story, Elizabeth examines the little known treatments of Rolfing, myofascial release, prolotherapy and InterX therapy, which she sampled alongside the more conventional treatments of physiotherapy and chiropractic. Read on to discover the ups and downs, setbacks and triumphs in this humorously told story of a woman determined to overcome chronic pain.

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