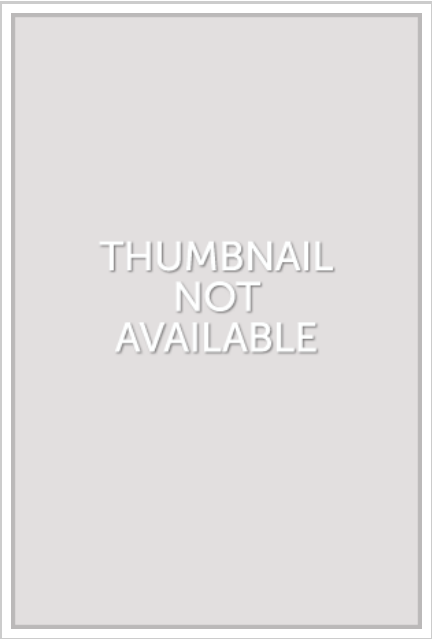


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On a Shingle: 62 from 62 (Paperback)

By Michael Celata

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 133 mm. Language: English . Brand New Book ***** Print on Demand *****.Children of the 60s often ate school lunches that were born in U.S. Army mess halls of World War II. They were easy to make for large groups, nutritious by the standards of the day and universally mocked by the students who consumed them. On a Shingle is an anthology of 62 recipes from a 1962 Lunch Lady handbook, scaled down to family size and analyzed for their nutritional content. Each recipe also has a workspace where cooks may add their own versions of the recipes, or recount their childhood experiences with the meal, to create an interesting, and often revealing, heirloom for future generations of their families. Working with the ingredients of the old recipes, and experiencing the aromas and flavors of childhood in the 60s can be an adventure for young diners and a stroll down Rememory Lane for those who, once upon a time, secretly enjoyed the meals during their own youth. On a Shingle was formatted as a work book, not a coffee table display. Text is biased toward the outer edges to allow...

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