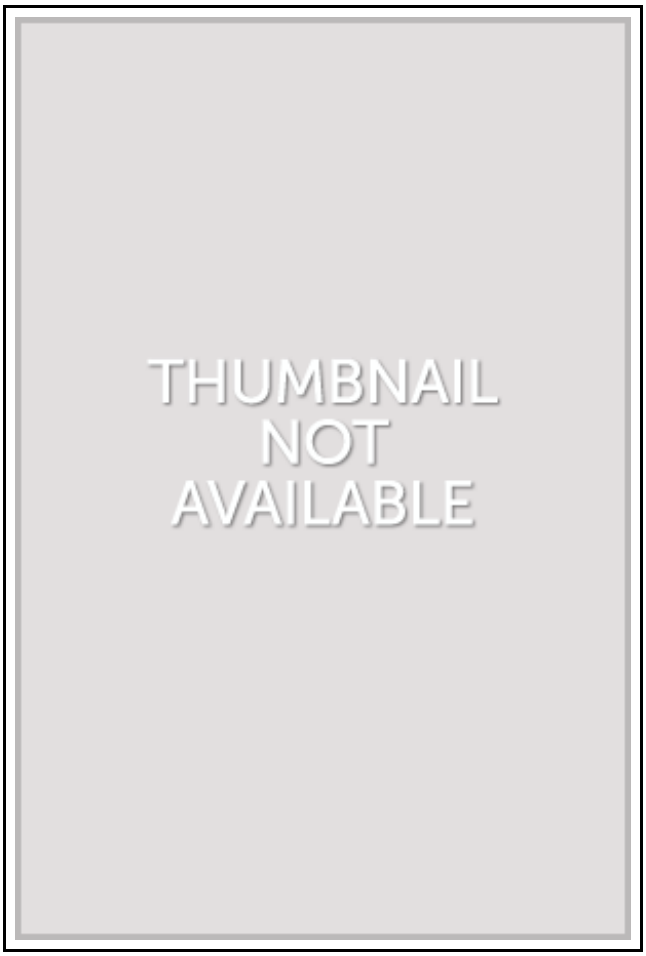
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Grace G Payge, United States, 2012. Paperback. Book Condition: New. MR Toby Newsome (illustrator). 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Grace, a stressed, depressed and overweight, 28 year old, London high flyer wakes up in a private hospital after a nervous breakdown. She asks herself one fundamental question. Is this my life? This question sparks an epic leap of faith and she abandons her old ways and moves to the Far East. Embracing the ancient and the mystical, encountering sex gurus, dangerous rituals, tantra and karmic cleansers. In the course of this relentless pursuit Grace finds the meaning. The Answer we are all looking for. The story is compelling, inspiring, shocking, soulful and all heart, a page turner right from the start. Bridget Jones meets Eat, Pray, Love. On Speed. Catherine Christie Grace takes the leap off the corporate treadmill the rest of us only dream of. In her compelling tale she manages to take us along with her, and gives us the feeling we almost did the same. Funny, inspiring and button-pushing. Her often astonishing story shows us that the possibility of escaping from an ordinary life is right there for each of us possessing the courage to face ourselves. Rod Suskin, Radio personality. Author of Soul Talks and Soul Life. What an amazing ride, make space Grace, I wanna come along. Jenni Button, Designer/Entrepreneur. The raw intensity of A Narrow Escape from and Ordinary Life, had me laughing out loud, crying and cheering for the heroine. Move over Eat, Pray, Love. Jane Van Velsen, Director, Social Media Shop Hooked from the first page of this amazing true story. Inspirational, hilarious, spiritual. A must read for anyone wanting a new life. Creator, The Fasting Path. A refreshingly frank account of a...

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