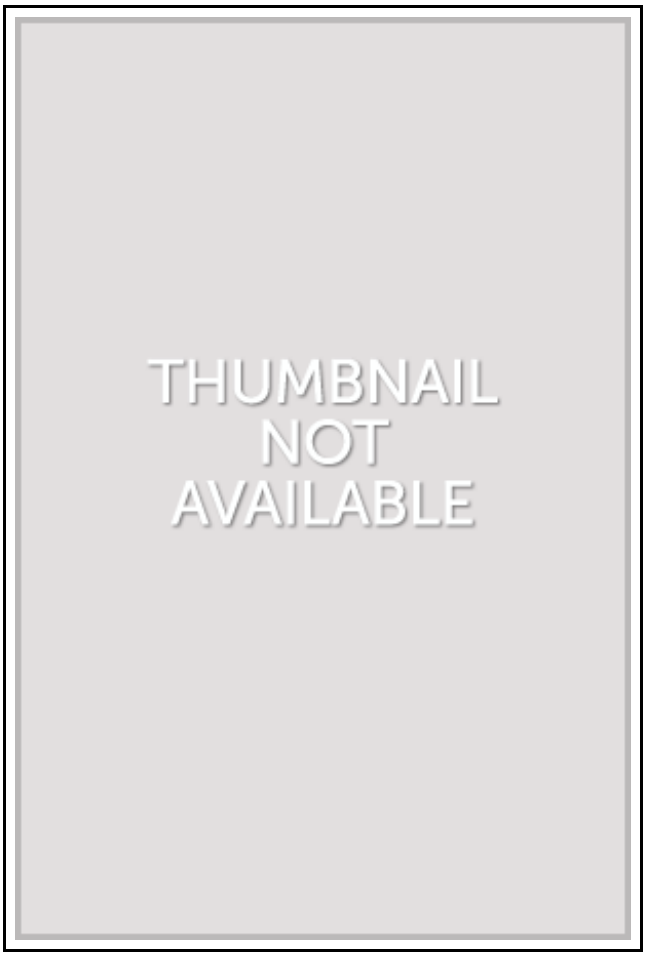
If Love Could Think: Using Your Mind to Guide Your Heart (Hardback)



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Reviews

This ebook is worth purchasing. It is writter in straightforward words and not hard to understand. You will not feel monotony at at any time of your respective time (that's what catalogs are for about in the event you ask me).

(Eileen Kling I)

IF LOVE COULD THINK: USING YOUR MIND TO GUIDE YOUR HEART (HARDBACK)

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HARMONY, United States, 2005. Hardback. Book Condition: New. 213 x 147 mm. Language: English . Brand New Book. A groundbreaking book about why the one thing we all fear?ambivalence?is the one thing we must accept to find lasting love. If Love Could Think is an entertaining and practical book that addresses with warmth and intelligence the age-old question relevant to any stage of a relationship: why does love go wrong, and what can we do to make it right? After many years of treating patients with relationship problems, psychologist Alon Gratch has identified seven common patterns of failed love. These patterns include, for example, narcissistic love, when a person has so idealized the partner and the relationship that they can?t possibly continue to measure up; one-way love, when a person loves someone who doesn?t return that love; triangular love, when a third party, be it a mother, an affair, or a job is involved in the relationship; and forbidden love, the kind of relationship that is generally off-limits, such as when a teacher dates a student. In If Love Could Think, Gratch shows us that all of these patterns stem from one fundamental problem?our own ambivalence. With his trademark combination of depth and humor, and using many individual stories as engaging examples, Gratch walks us through the ways we get stuck in these patterns. In each case we are looking for perfect or ideal love. Every pattern creates an obstacle so we don?t have to face our own ambivalence about the relationship or the other person. But humans aren?t perfect, so no matter how wonderful love can be, there is no such thing as pure love. Ambivalence implies the existence not only of love but also of anger, disapproval, or disappointment. As Dr. Gratch shows, there are really only two...

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