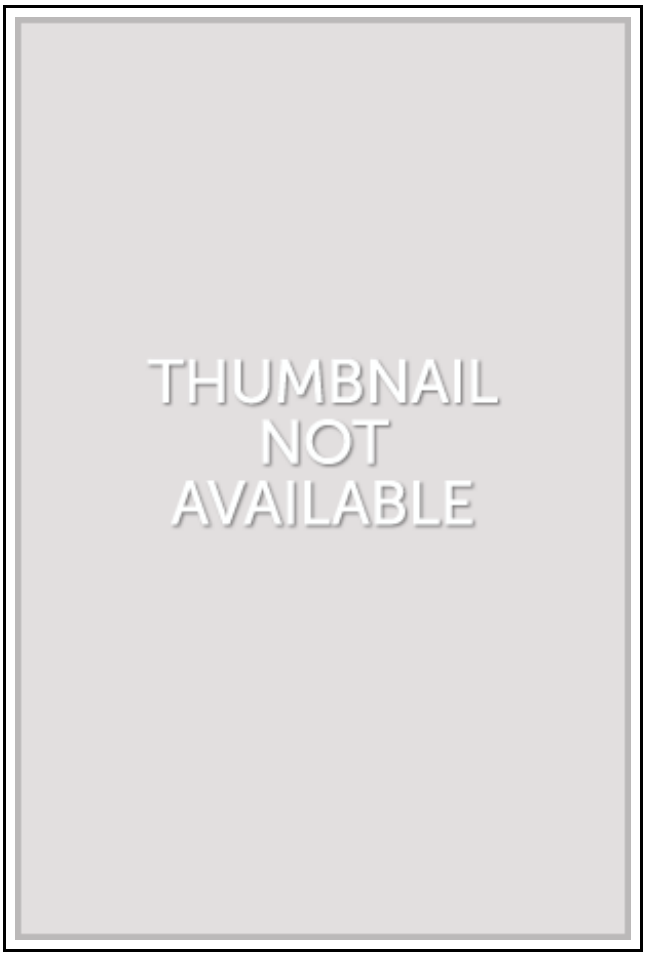
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Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.The latest in scientific breakthroughs are making it possible to continue further to improve brain function physically and mentally. Your brain operates on the fuel you supply, be it super food or junk food. The food supply line is for the physical. The mental supply line is super knowledge or junk knowledge determined by the choices you make moment by moment. This work references well over 700 individuals. I have distilled pertinent knowledge from research by leading professors, doctors, and experts from around the world. Many universities have, within the last few years, established departments or research groups to explore and teach students in the related fields of neural science, glycobiology, glycomics, and mitochondrial research. The National Library of Medicine cites over 625,205 (yes, that is over six hundred twenty five thousand) references to published papers on glycoprotein. Scientists are adding so many new research papers each day (thousands per month) that no one person can keep up with the progress of this science, with the possible exceptions of Kim Peek (when he was alive) and Chad Eschweiler. In this book, I deal much with the importance of specific sugars which I refer to as Smart Sugars or Royal Sugars. They may be called plant sugars, plant saccharides, phytosugars, phytosaccharides or glyconutrients. The healthful sugars included in this royal family are, fucose (not to be confused with fructose), L-fucose, D-fucose GDP-fucose, galactose, galactosamine, glucose, glucosamine, mannose, D-mannose, GDP-mannose, arabinose, D-arabinose, GDP-alpha-D-mannose, N-acetylgalactosamine, xylose, N-acetylglucosamine, trehalose, N-acetyl-D-galactosamine, rhamnose, L-rhamnose, melibiose, sialyllactose, N-acetylneuraminic acid, lactose, ribose, and D-ribose. The importance of these specific sugars is evidenced by the fact that the U. S. Patent Office has issued an astounding number...

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